



STOCKS  
HALL

Health Club & Spa

*time for you*

# time for you

Set in the beautiful village of Mawdesley we have a truly stunning rural location, whilst still being close to all the main towns and cities in the North West. Opened in 2020 we invite you to come and experience the truly 5 star facilities and surroundings that we offer.

Stocks Hall Spa is a place for you to indulge in a little 'me time' whether that's as a member of our exclusive health club, enjoying one of our luxury treatments or better still indulge in the most gratifying experience of all - a Spa Day. We're certain you'll love it here. Step out of your world and into ours.

Stocks Hall has been developed for you, what are you waiting for?





## 5 star facilities developed with you in mind

Our fabulous facilities boast a spa experience like no other.

- » 16 metre pool
- » Sauna & steam room
- » Vitality spa pool
- » Relaxation lounge
- » Luxury changing facilities
- » Rasul
- » Heated loungers
- » 5 treatment rooms
- » Group exercise studio
- » Superb gym facilities
- » 40 cover bistro
- » Outdoor Hot tub
- » Outdoor sunken terrace with heated seating
- » Outdoor heated restaurant and bar terrace



# Overnight stays

## Couples One Night Spa Break

Mon-Thu £160 | Fri-Sun £193

Per person (2 minimum)

- » One night's bed and breakfast in a self catering apartment
- » A choice of 1 x 25 minute treatments from:  
*Express Facial, Back Massage, Tranquillity Scalp Massage, Rasul, Body Scrub, Gel application on hands or toes*
- » 2 course spa lunch
- » Bottle of Prosecco in the apartment
- » Robe, towel and slippers provided
- » Use of the spa facilities for the duration of the stay

## Spa Bliss Retreat

Mon-Thu £325 | Fri-Sun £369

Per person (2 minimum)

- » Two nights' bed and breakfast in a self catering apartment
- » A choice of 2 x 25 minute treatments from:  
*Express Facial, Back Massage, Tranquillity Scalp Massage, Rasul, Body Scrub, Gel application on hands or toes*
- » Afternoon Tea
- » Bottle of Prosecco in the apartment
- » Robe, towel and slippers provided
- » Use of the spa facilities for the duration of the stay

## Girls Night In

Mon-Thu £248 | Fri-Sun £303 Per person

(For groups of up to 6-8 guests)

- » Two nights' bed and breakfast in a self catering apartment
- » 2 course spa lunch
- » A choice of 1 x 25 minute treatment from:  
*Express Facial, Back Massage, Tranquillity Scalp Massage, Gel Manicure on fingers, Gel Pedicure on toes*
- » Bottle of Prosecco in the apartment
- » Robe, towel and slippers provided
- » Use of the spa facilities for the duration of the stay

## Ultimate Signature Spa Get Away

Mon-Thu £413 | Fri-Sun £468 Per person (2 minimum)

- » Two nights' bed and breakfast in a self catering apartment
- » A choice of 2 x 55 minute treatments from:  
*Facial, Full Body Massage, Pamper Manicure, Pamper Pedicure, Express Facial and Back Massage, Express Facial and Scalp Massage, Back and Scalp Massage*
- » PLUS Rasul Treatment
- » 2 course spa lunch
- » Afternoon Tea
- » Bottle of Prosecco in the apartment
- » Robe, towel and slippers provided
- » Use of the spa facilities for the duration of the stay



# Spa days

## Stocks Hall Signature Spa Day

Mon–Thu £209 | Fri–Sun £221

Arrival: 09:30 Depart: 20:00

Relax in our Spa with our most luxurious Spa Day:

- » Coffee and Danish on arrival
- » Use of the spa facilities
- » Choice of two 55 minute treatment from the following:  
*Facial, Full Body Massage, Pamper Manicure, Pamper Pedicure*
- » 30 minute in our Rasul
- » Two course light lunch with a glass of prosecco
- » £10 retail voucher to be used against any of the beauty products

## Stocks Hall Indulgence Spa Day

Mon–Thu £132 | Fri–Sun £149

Indulge in our afternoon tea inspired Spa Day:

- » Use of the spa facilities
- » Choice of two x 25 minute treatment from the following:  
*Facial, Back Massage, Tranquillity Head Massage, Body Scrub, Gel Application on Hands or Toes*
- » Afternoon tea
- » £10 retail voucher to be used against any of the beauty products

## Stocks Hall Pure Bliss Spa Day

Mon–Thu £121 | Fri–Sun £127

Relax with a feeling of complete bliss with our Bliss Spa Day:

- » Use of the spa facilities
- » Choice of one 25 minute treatment from the following:  
*Facial, Back Massage, Tranquillity Head Massage, Body Scrub, Gel Application on Hands or Toes*
- » Two course light lunch
- » £10 retail voucher to be used against any of the beauty products

## Twilight Spa Package (from 4.30pm)

Mon–Thu £66 | Fri–Sun £83

Arrival: 16:30 Depart: 21:00

Relax and unwind with our evening spa:

- » Use of the spa facilities
- » Choice of one 25 minute treatment from the following:  
*Facial, Tranquillity Head Massage, Gel Application on Hands or Toes*
- » £10 retail voucher to be used against any of the beauty products

\*Add a 2 course meal in our bistro for £14pp



## Razul Mud Ritual

### Enhance your Thermal Experience.

Organic mineral mud is applied to the body before relaxing in a traditional steam room. Let the muds deep cleanse, exfoliate and nourish the skin before the gentle rain shower washes it away. Even better when enjoyed with friends!

1 person

30 mins £30

2 persons

30 mins £50



# Massage

## ishga Full Body Massage

55 mins £75

A medium pressure full body massage combining relaxing elements of aromatherapy massage, lymphatic drainage and traditional Swedish massage techniques to reduce muscle tension and re-energise the body.

## Relaxation Back Massage

25 mins £40

An expert sculpting massage targeted to help contour the body. Essential oils of Lemon, Peppermint and May Chang help to restore firmness and elasticity leaving the skin texture refined. This highly effective firming massage will leave your skin feeling toned.

## Hot Stone Massage

55 mins (Full Body) £75 | 25 mins (Back) £40

Hot stone therapy is a specialist massage that uses smooth, flat, heated basalt stones to help relax and ease tense muscles. Essential oils of Jasmine will help to reduce stress, calm and nourish the body.

## Sports Massage

55 mins (Full Body) £70 | 25 mins (Back) £40

## Tranquillity Scalp Massage

25 mins £35

## Mum to be Massage

55 mins £70

Pregnancy is a special time, but a time when some of the finer things in life (champagne and caviar!) are restricted. Treat yourself with scents of decadent coconut, sweet neroli, and gentle sweet almond oil in an all embracing treatment. Incorporating a back scrub, followed by a back massage and relaxing express facial. This nourishing cocktail will ease water retention, soften skin & aid a restful night's sleep, need we say more?

## Hot Poultice Massage

55 mins £75

A rebalancing, light massage using heated sea salt and seaweed granule filled poultices, which are applied to the body to relax the muscles, release tension and nourish the skin. Combined with manual massage movements, the relaxing warm poultices are rhythmically stroked and kneaded over the body. When the compress is heated it provides a detoxing effect to draw toxins from the body and add a host of vitamins and minerals deep within.



# Body Treatments

**Bondi Sands Tan\***  
£40

Dry brush exfoliation and application of tan  
\*Patch Test Required

**Bondi Sands Application**  
£22

\*Patch Test Required

*Why not add on use  
of our facilities?*

Only £25 for 3 hours  
use of all facilities\*\*

\*\* Towels, robes, and slippers not included



# The Natural Spa Factory

## Natural Spa Factory Illuminate Facial (v)

55 mins £75

Using a combination of Vitamin E, alpine plants & rice water, this facial improves your skins natural radiance. Healthy ageing ingredient rice bran helps to improve the appearance of fine lines & wrinkles, whilst vanilla & complex fragrant white flowers help brighten the skins complexion, even out blemishes & reduce the appearance of age-spots. Our best seller.

## Seasonal Body Wraps & Scrubs

55 mins £75

Incorporating a full body exfoliation with our nectarine and honey salt scrub. While you are all wrapped up and snug with our cocoa bean wrap, enjoy our tranquillity Scalp massage. Finished with a hot shower.

## Seasonal Body Scrub

25 mins £40

## Warming Candle Massage

55 mins £75

Our signature warming full body and scalp massage is the complete experience, indulging you from top to toe, using warm oil from our exclusive range of soothing massage candles.

Prepare to completely unwind in the capable hands of your therapist, as the warm essential candle oil, oozing with vitamins and minerals, is skilfully drizzled onto the skin and used to massage your full body and scalp.

This luxurious massage starts with your back, neck, and shoulders, to relieve tension, and relax the muscles. Once completed, your therapist will work on your legs and arms, cocooning you to achieve a sense of peace and harmony.

Finally, your therapist will perform a calming scalp massage, gently targeting acupressure points to release built up tension.

Choose from one of our warm soothing massage candles, which are infused with the most indulgent fragrances including fig, honey, cocoa, or rose. Not only are the fragrances amazing, but they also leave your skin fully hydrated and nourished.

# Facials

## Aromatherapy Face Massage

55 mins £75 | 25 mins £40

Stress simply melts away thanks to this deeply relaxing aromatherapy massage. The skin will feel softly cocooned as is left deep cleansed, perfectly replenished and glowing with vitality.

## ishga Anti-ageing Facial

55 mins £75

Nourish the skin with a rich Marine Cleansing Balm packed with hydrating fatty acids, combined with a firming gel mask to tighten and tone. The high content of seaweed extract is scientifically proven to preserve the skin's natural collagen, with powerful anti-ageing properties that repair damaged skin cells which results in smoothing fine lines and wrinkles.

## Deep Cleansing Back Facial

30 mins £40

Includes a Cleanse, Exfoliation, 10 minute back massage and mask. Either a lower leg or scalp massage is preformed while your mask is hydrating the skin. Finished with nourishing body milk.

# ishga

Organic Seaweed Skincare

## ishga Signature Experience

### ishga Face & Body Experience

55 mins £75

Balance the body with a reviving yet relaxing experience. Starting with a medium pressure massage using a carefully selected oil, followed by a facial to renew and brighten the complexion. ishga's unique skincare range contains potent antioxidant-rich seaweed extract which has been proven to stimulate hyaluronic acid and collagen production in the skin, transforming all skin types.

# Advanced Treatments - Oncology

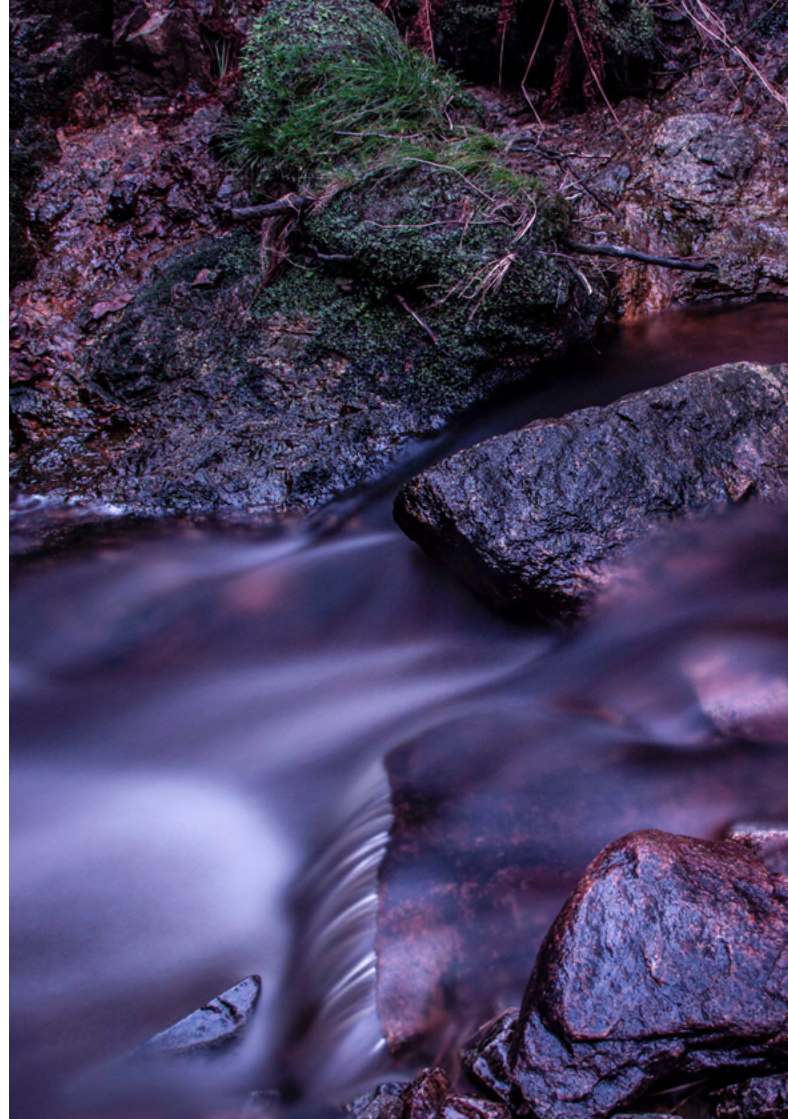
## ishga Touch Therapies

55 mins £75

Relax and nurture the mind and body with our range of treatments suitable for anyone currently undergoing cancer treatment or in recovery. Our expertly designed treatments combine the health benefits of Hebridean seaweed skincare, with a range of simple but effective facials and massages.

Let your therapist guide you through a bespoke 55 minute treatment by combining what is best for your current needs, or you may choose any two of the following spa treatments. Seaweed content dependant on chosen oil per treatment.

- » Mini facial
- » Comforting foot & leg massage
- » Head and scalp massage
- » Reflexology
- » Face massage
- » Seaweed foot or hand treatment
- » Back massage



# Hands & Feet

## OPI ProSpa - Inspired by Facial Skincare. Perfected for Hands & Feet

OPI ProSpa introduces the first and only professional salon skincare line that brings the quality and efficacy of facial skincare to premium products developed specifically for hands & feet. Formulated with Cupuacu superfruit containing 9 essential fatty acids providing unparalleled moisture and anti-ageing effects. White tea extracts that help prevent breakdown of collagen and elastin result in younger looking hands and feet, complete with our NEW long lasting Infinite Shine Polish.

### Infinite Shine

Shape & Paint	25 mins <b>£20</b>
Pamper Manicure OR Pedicure	55 mins <b>£38</b>
Luxury Manicure OR Pedicure (including hand mask and heated mitts)	75 mins <b>£49</b>
Gel Application with BIAB (To help strengthen nails)	<b>60 mins £39</b>
Gel removal, BIAB infill and gel reapplication	<b>75 mins £43</b>

## GelColor by OPI

Treat your hands or feet to OPI GelColor! Goes on like a polish, cures like a gel, no drying time and lasts up to 2 weeks. All in your favourite OPI shades.

Gel Application	45 mins <b>£35</b>
GelColor removal & Reapplication	60 mins <b>£38</b>
GelColor removal	20 mins <b>£15</b>
Pamper Manicure OR Pedicure	<b>60 mins £50</b>
Luxury Manicure OR Pedicure (including foot mask and heated booties)	<b>75 mins £65</b>



# The Essentials

## Eyes

Brow Wax

£14

Brow Tweeze/Reshape

£14

Brow Tint\*

£12

Brow Wax & Tint\*

£19

**Eyebrow, Lash & Brow Tint\***

£35

\*Patch Test Required - 24-48hrs before arrival

Lash Tint\*

£24

Lash Tint & Brow Tint\*

£28

Lash Lift\*

£30

## Hair Removal

½ Leg Wax

£26

Full Leg Wax

£32

Bikini Line

£19

Underarm Wax

£12

Upper Lip or Chin

£9

Lip and Chin

£14

Arms

£26

½ Leg Wax, Underarm, Bikini

£42

Full Leg Wax, Underarm, Bikini

£47

Back

£26

## Intimate waxing

Bikini

£19

G-string

£25

Brazilian

£29

Hollywood

£35



# Information

## How To Book

Stocks Hall Spa is reserved for the use of adults (16 years and over). To ensure your preferred date, time and service is available we recommend booking well in advance. Our Spa Reservations Team are available during our opening hours on 01704 778060 or email [spa@stockshallspa.co.uk](mailto:spa@stockshallspa.co.uk)

## Spa Treatments

To allow you to fully relax prior to your treatment, we encourage you to arrive 10 minutes prior to your scheduled appointment time. All appointment times include consultations and aftercare advice. Please be advised that late arrivals will result in the treatment time being shortened accordingly.

## Health Conditions

We ask that you kindly advise us of any health conditions, allergies or injuries prior to your arrival so that we can ensure that our facilities and treatments are suitable for you.

## Pregnancy

We welcome expectant mums into our spa after the first 12 weeks of pregnancy. We strongly advise against using any extreme heat and/or hydrotherapy facilities. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

## Terms & Conditions

We respectfully request that you peruse our full terms and conditions, a copy of which is available on our website, before you visit.

## Payment & Cancellation Policy

All spa reservations require full payment upon booking. Please provide us with a minimum of 24 hours' notice if you are unable to make your reservation and we will be happy to reschedule. Otherwise we reserve the right to charge the full amount of the reservation.

## Prices

All prices may be subject to change without prior notice.

## Gift Vouchers

Treat someone you love to one of our gift vouchers. You can purchase individual treatments, one of our luxurious spa days or even just a specific voucher value. Available to purchase at the Spa reception.



Stocks Hall Health Club and Spa, Hall Lane, Mawdesley, Ormskirk, Lancashire, L40 2QZ

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